

State of Alaska FY2011 Governor's Operating Budget

Department of Health and Social Services Designated Evaluation and Treatment Component Budget Summary

Component: Designated Evaluation and Treatment

Contribution to Department's Mission

To protect and improve the quality of life for consumers in crisis and impacted by mental disorders or illness.

Core Services

- The Designated Evaluation and Treatment (DET) component provides fee-for-service funding, on a payer-of-last resort basis, to designated local community and specialty hospitals. They provide evaluation and treatment services to people under court-ordered commitment through AS 47.30.655-915, and to people who meet those criteria but have agreed to voluntary services in lieu of commitment.
- A Designated Evaluation and Stabilization (DES) facility may provide up to 72-hour inpatient psychiatric evaluations, up to 7 days of crisis stabilization, or up to 40 days of in-patient hospital services close to the consumer's home, family, and support system. Component funding also supports consumer and escort travel to designated hospitals and back to their home community.
- DET/DES is a significant component within the continuum of psychiatric emergency services and is essential to controlling admissions to Alaska Psychiatric Institute.

Key Component Challenges

Long term challenges:

- Communities outside of Anchorage, Juneau and Fairbanks often don't have adequate facilities to stabilize persons experiencing a psychiatric emergency and often only have "seclusion rooms" in the local hospital or clinic.
- Communities statewide, but especially the rural areas, have difficulty recruiting and retaining psychiatrists, adult nurse practitioners (APNs) and psychiatric nurses on staff.
- There is a need for ongoing training and support of staff working in DET/DES facilities and local behavioral health center staff in the management of psychiatric emergencies and the stabilization process.
- Clear expectations need to be established and supported through ongoing orientation, training, technical assistance, and a process of continuing quality improvement, in order to develop and sustain the services.
- Obtaining reliable, timely, and safe transportation provided by staff trained to meet the needs of people in psychiatric crisis, has been elusive.

Current year challenges:

- Ketchikan General Hospital (KGH) notified us that as of October 2009 they will cease Designated Evaluation and Stabilization services due to issues with reimbursement, transportation, lengths of stay, risks from assaultive behavior, and court concerns. The division is working with KGH to resolve issues and restore the services.
- South Peninsula General Hospital in Homer, the most recent facility to apply for DES status, will have to delay implementation of their program due to a pending interruption of their psychiatric services.
- Hospital Medicaid rates for Acute Psychiatric beds are up 21.79% in Fairbanks and 31.52% in Juneau between FY08 and FY10.
- Between FY03 and FY10 the overall Medicaid hospital daily rate has increased \$3,539.27 or 41.04% for the hospitals that provide this valuable service.

Budget year challenges:

- It is anticipated that DET/DES facilities and local Community Behavioral Health Centers (CBHCs) will continue to struggle with workforce issues including the shortage and turnover of psychiatrists, adult nurse practitioners,

psych nurses, and behavioral health clinicians. Fluctuations in staffing in any of the partners (including transportation) involved with DET/DES can render the services ineffective.

- Logistics, training and implementation of increased capacity for telemedicine will be time intensive and require buy-in from local communities.
- Creating the appropriate level of clinical management and oversight with DBH is essential to sustain the current DET/DES providers and create new ones.
- Recruitment of new local DET/DES facilities in targeted areas such as Mat-Su, Anchorage, Kenai Peninsula, Kotzebue, and Nome will increase our need for additional program oversight, training and coordination with local hospitals and CBHCs.

Significant Changes in Results to be Delivered in FY2011

- The Division of Behavioral Health will develop systems to sustain and develop DET/DES facilities throughout the state.
- Increasing telemedicine opportunities statewide will be continued with anticipated benefits for all DET/DES facilities and staff and will help alleviate the shortage of psychiatric care in smaller communities.

Updated Status for Results to be Delivered in FY2010

- Behavioral Health anticipates that efforts to recruit regional hospitals to the Designated Evaluation and Stabilization program will potentially result in new psychiatric beds in Mat-Su, Kenai Peninsula, Kotzebue, and Nome.

Status Update for FY10: South Peninsula General Hospital in Homer has applied for DES status but has had to delay implementation of the program due to a pending change in psychiatric service provision. Central Peninsula Hospital in Kenai is expressing interest in becoming a DES facility. Outreach continues to the hospital in Mat-Su to encourage them to participate.

- Additional funds to support this program will reduce census pressure on Alaska Psychiatric Institute (API), improve fast access to hospitalization so that jails and emergency rooms do not become our default psychiatric facilities, and keep vulnerable individuals hospitalized as close to home as possible.

Status Update for FY10: The opening of at least one DES facility on the Kenai Peninsula would significantly relieve pressure on API, which has been operating at full or near full capacity for several months. Also, there is potential for an increase in DET capacity in the Anchorage Region to provide a less restrictive level of care when clinically determined to be appropriate, which would further relieve census pressure on API. Over FY08 and FY09 the Anchorage Region accounted for 65% of admits to API.

The Division of Behavioral Health is actively working with secure transport service providers in the state to develop more responsive transport options when patients need to be served outside their home community.

Major Component Accomplishments in 2009

- In FY09 the Designated Evaluation and Treatment/Designated ES Program served 477 clients and paid for 279 transports.
- The Division of Behavioral Health continued to work with community hospitals across the state to develop new Designated Stabilization and beds, focusing on local stabilization, which is clinically and financially a better option.

- Most areas of the state have few psychiatrists, which contribute to their reluctance to develop Designated Evaluation Stabilization beds. The division continues to work with the Alaska Psychiatric Institute and regional hospitals to provide consultation to assist community hospital physicians stabilize psychiatric patients locally.

Statutory and Regulatory Authority

AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 78	Grant Programs
7 AAC 72	Civil Commitment
7 AAC 71	Community Mental Health Services
13 AAC 60.010 – 900	Licensing of Security Guards and Security Guard Agencies
AS 18.65.400 – 490	Police Protection

Contact Information
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Designated Evaluation and Treatment Component Financial Summary

All dollars shown in thousands

	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	0.0	0.0	0.0
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	2,908.1	4,167.3	3,867.3
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	2,908.1	4,167.3	3,867.3
Funding Sources:			
1037 General Fund / Mental Health	2,908.1	3,867.3	3,867.3
1092 Mental Health Trust Authority Authorized Receipts	0.0	300.0	0.0
Funding Totals	2,908.1	4,167.3	3,867.3

**Summary of Component Budget Changes
From FY2010 Management Plan to FY2011 Governor**

All dollars shown in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2010 Management Plan	3,867.3	0.0	300.0	4,167.3
Adjustments which will continue current level of service:				
-Reverse FY2010 MH Trust Recommendation	0.0	0.0	-300.0	-300.0
FY2011 Governor	3,867.3	0.0	0.0	3,867.3

Component Detail All Funds **Department of Health and Social Services**

Component: Designated Evaluation and Treatment (1014)

RDU: Behavioral Health (483)

	FY2009 Actuals	FY2010 Conference Committee	FY2010 Authorized	FY2010 Management Plan	FY2011 Governor	FY2010 Management Plan vs FY2011 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	2,908.1	3,031.9	3,031.9	4,167.3	3,867.3	-300.0	-7.2%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Totals	2,908.1	3,031.9	3,031.9	4,167.3	3,867.3	-300.0	-7.2%
Fund Sources:							
1037 GF/MH	2,908.1	2,731.9	2,731.9	3,867.3	3,867.3	0.0	0.0%
1092 MHTAAR	0.0	300.0	300.0	300.0	0.0	-300.0	-100.0%
General Funds	2,908.1	2,731.9	2,731.9	3,867.3	3,867.3	0.0	0.0%
Federal Funds	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Other Funds	0.0	300.0	300.0	300.0	0.0	-300.0	-100.0%
Positions:							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

Change Record Detail - Multiple Scenarios With Descriptions
Department of Health and Social Services

Component: Designated Evaluation and Treatment (1014)

RDU: Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
PFT	PPT											
***** Changes From FY2010 Conference Committee To FY2010 Authorized *****												
FY2010 Conference Committee												
	ConfCom	3,031.9	0.0	0.0	0.0	0.0	0.0	3,031.9	0.0	0	0	0
1037 GF/MH		2,731.9										
1092 MHTAAR		300.0										
Subtotal 3,031.9 0.0 0.0 0.0 0.0 0.0 3,031.9 0.0 0 0 0												
***** Changes From FY2010 Authorized To FY2010 Management Plan *****												
ADN 06-0-0095 Transfer Excess GF/MH Authority from Psychiatric Emergency Services												
	Trin	1,135.4	0.0	0.0	0.0	0.0	0.0	1,135.4	0.0	0	0	0
1037 GF/MH		1,135.4										
Transfer excess GF/MH authority from the Psychiatric Emergency Services (PES) component to the Designated Evaluation and Treatment (DET) component for mandated services under that component. The GF/MH is available in the PES component due to the use of a Disproportionate Share Hospital (DSH) agreement with Providence Hospital for Single Point of Entry Psychiatric Services that allows 51% Medicaid claiming. Those services were previously paid at 100% GF/MH. Utilization of DET services continues to grow every year. This transfer will reduce the need for legislative increases in succeeding fiscal years.												
Subtotal 4,167.3 0.0 0.0 0.0 0.0 0.0 4,167.3 0.0 0 0 0												
***** Changes From FY2010 Management Plan To FY2011 Governor *****												
Reverse FY2010 MH Trust Recommendation												
	OTI	-300.0	0.0	0.0	0.0	0.0	0.0	-300.0	0.0	0	0	0
1092 MHTAAR		-300.0										
This zero based adjustment reverses all MHTAAR funding for FY2010.												
Totals 3,867.3 0.0 0.0 0.0 0.0 0.0 3,867.3 0.0 0 0 0												

Line Item Detail
Department of Health and Social Services
Grants, Benefits

Component: Designated Evaluation and Treatment (1014)
RDU: Behavioral Health (483)

Line Number	Line Name			FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
77000	Grants, Benefits			2,908.1	4,167.3	3,867.3
Expenditure Account	Servicing Agency	Explanation		FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
77000 Grants, Benefits Detail Totals				0.0	0.0	3,867.3
77282	Client Travel Nontax	Title 47 transports not covered under Public Safety RSA.		0.0	0.0	938.9
77290	Medical Svcs (Tax)	DET physician, hospital and transport services not covered under DSH agreements.		0.0	0.0	803.4
77438	State Agency Grants	PubSaf	RSA to Dept Public Safety for Title 47 transports.	0.0	0.0	120.0
77438	State Agency Grants	H&SS	RSA with Health Care Services for DSH Match for Fairbanks Memorial Hospital agreement	0.0	0.0	957.4
77438	State Agency Grants	H&SS	RSA with Health Care Services for DSH Match for Bartlett Regional Hospital agreement	0.0	0.0	1,047.6

Inter-Agency Services
Department of Health and Social Services

Component: Designated Evaluation and Treatment (1014)
RDU: Behavioral Health (483)

Expenditure Account		Service Description	Service Type	Servicing Agency	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
77438	State Agency Grants	RSA to Dept Public Safety for Title 47 transports.	Inter-dept	PubSaf	0.0	0.0	120.0
77438	State Agency Grants	RSA with Health Care Services for DSH Match for Fairbanks Memorial Hospital agreement	Intra-dept	H&SS	0.0	0.0	957.4
77438	State Agency Grants	RSA with Health Care Services for DSH Match for Bartlett Regional Hospital agreement	Intra-dept	H&SS	0.0	0.0	1,047.6
77438 State Agency Grants subtotal:					0.0	0.0	2,125.0
Designated Evaluation and Treatment total:					0.0	0.0	2,125.0
Grand Total:					0.0	0.0	2,125.0